



# ESSEX KENT GIRLS INTERLOCK HOCKEY LEAGUE

## RULES REVIEW AMENDED 2023

- ❖ Length of games and curfew must be inputted into the electronic game sheet prior to the start of the game.
- ❖ Games must be scheduled with a minimum of 3 – 10 minute “stop time” periods.
- ❖ If a game is stopped short or starts late – a game will be considered complete after 20 minutes of stop time has been played (rule 2.3)
- ❖ **Courtesy Rule** – do not show more than a 5-goal spread on the scoreboard
- ❖ **Pick up Rule:** teams may pick up a **maximum of 3 skaters** from the lower division. The team’s game sheet roster **cannot exceed 13 skaters** or the total number of players on their roster when using pick-up players. These players must be added to the electronic gamesheet and AP should appear by their name. Also, if you are picking up a player from another association you must contact the player’s coach and fill out an OWSHA pick-up form and forward a copy to both convenors. Goalies may also be picked up, however they are not counted in the as one of the three skaters.
- ❖ **No Lateral Movement** – no player may play for more than one team in her centre or any other centre within the same division in this league **\*\*\*except goaltenders\*\*\***
- ❖ **No Travel Players** – travel players from either OWSHA Travel or OMHA Travel will not be allowed to play in this league.
- ❖ **Games should be played with TWO Referees** – Two referees are to be scheduled for all EKGIHL games. In the event of unforeseen circumstances that only one referee is available, the game will proceed on as scheduled. If no referees show up, no official game will take place. In the case of a game delay (waiting for officials), teams must remain as long as possible to try and fulfill rule 2.3 in the interest of completing the game. If there is only one referee, the game may proceed. If no referees the game will be a no show.
- ❖ **Trainers** – You must have a female trainer on your bench, if you do not have a female trainer, you may use a male trainer however if there is an injury on the ice the female trainer from the other team and the male trainer from your team will both attend to the injured player on the ice. If you team does not have a carded trainer present at a game – your team must ask to use the opposing team’s trainer.
- ❖ **Illegal Players** – teams have the right to inquire about the use of illegal players & must do so to their centre convenor within 48 hrs of the incident – see rule 7.1 for further details
- ❖ **Major Penalties** – Contact your Convenor Immediately – you must email [stats@owha.on.ca](mailto:stats@owha.on.ca) and the EKGIHL President [harrowrams@gmail.com](mailto:harrowrams@gmail.com) within 24 hrs of the incident. See OWSHA Rules for further details regarding practices, etc. **\*\*Exhibition games do not count towards games served, however tournament games do count to serving a suspension\*\*** If a player received 2 or more major penalties during a season the EKGIHL may request a meeting with the player to review her conduct.
- ❖ **Game Changes** – teams **must give at least 72 hrs notice** of a cancellation & must agree to a reschedule date within 1 week (home team will offer 2 ice slots – visiting team may also offer ice) – must both agree to date. **GAME CHANGE FORM MUST BE COMPLETED & SUBMITTED – NO MORE “TBD”.** If no agreed to reschedule date – contact your convenor. If a team is a “no show” they will incur the costs of referees and timekeepers (up to \$100) & they will forfeit the game. **\*\*NOTE:** Covid cancellations will be dealt on a case-by-case basis.

- ❖ **League Cancellations Due to Weather** – The president will appoint 3 executive members representing the playing area & together they will decide whether or not to cancel league games in severe weather situations.
- ❖ **Websites** – This season we are using Ramp electronic gamesheets that will be automatically upload the scores after a game is completed. Teams must input their home regular season, playoff, and exhibition games into the OWHA website. Instructions on how to input these games are at <https://www.owha.on.ca/content/ramp-games-and-portals-info> . Coaches or managers must also upload the Ramp Gamesheets app into their phone for use at the games. These instructions are also at the link above.